



**Pitt County Coalition Against Human Trafficking
Minutes**

August 15, 2019

Introductions

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Pam Strickland, NC Stop Human Trafficking, pam@ncstophumantrafficking.org

Melinda Sampson, NC Stop Human Trafficking, melinda@ncstophumantrafficking.org

Good News

Tracy Kennedy: REAL Crisis Intervention will be expanding into Greene and Lenoir counties.

PCCAHT WEBSITE: www.pccaht.org

Pam Strickland: If you are interested in being listed as a participating member of the coalition, send your information to Melinda at melinda@ncstophumantrafficking.org

Rapid Response Team Report

Juliana Mariani: There were 11 U.S. born victims of trafficking, all females between the ages of 17 to 40. One client was in the detention center. One of these clients was being trafficked by her mother at home.

There were 7 Latinos -- 3 males and 4 females -- one is 15 years old and victim of sex trafficking. The males are in their 30s and the females are in their 20s.

NC Coalition Against Human Trafficking

Next meeting: 10 a.m. to 12 noon, Thursday, November 14
150 Fayetteville Street, Suite 2100, Raleigh, N.C

Human Trafficking Cases (see attachment)

Training opportunities

19 Day of Prevention Campaign Committee Report

Committee: Yolanda Bowens, D'nise Williams, Liz Liles, Melinda Sampson, Minerva Freeman, Pam Strickland

Speaker: Bonnie Jean Kuras and Kia Glosson, TEDI Bear

Bonne Jean Kuras: Asks everyone about their first day of work and how they may have felt -- nervous, confident, scared a little but excited. Then she asked, "Now how to do you feel."

Coalition: The responses were varied - including tired, cynical, looking for the next vacation, not so confident

Bonnie Jean Kuras: Coming into an environment like the coalition, it really neutralizes the negative feelings. It combats that cynicism. When talking about workplace resilience and compassion fatigue, having this kind of group is really important or having toolbox you can reach into to be resilient is really important.

Kia Glosson: It is important to understand the brain and where we experience our emotions. Explains Dan Siegel's hand model of the brain and what happens when we become triggered and stressed. Our survival brain and emotional brain do not use language. I think of this in terms of a baby. When a baby comes out of the womb, the connections aren't developed yet. Looking for comfort, fullness and connection. The amygdala is a smoke detector. Sometimes people call it a guard dog. The thinking brain is where our words are housed, critical thinking and creativity. We can only do that when our amygdala is not being aroused. We cannot be reasoned with when we are offline or in times of stress when our amygdala is the part of the brain we are using.

Bonnie Jean Kuras: Explains what positive stress is, which is good energy and temporary. Tolerable stress is temporary but not overwhelming. Toxic stress is continued stress without a buffering system. You need a support system to help you through it. Not all stress is bad stress. If we are calm, cool, collected we are fairly resilient. Explains what the “green zone” is and how being in the green zone is important for decision making and overall well being. However, people do leave the green zone in times of stress to either become hyped or lethargic. It is important to know when you are about to leave the green zone, and when you do, how to get back to it.

Strategy 1: Sip the water strategy explained

Strategy 2: Name 5 things you see, 4 things you touch, 3 things you hear, 2 things you smell, 1 thing you taste.

(See attachments for at-home resiliency building).

Announcements

TEDI Bear and NC Stop Human Trafficking are facilitating a podcast for BRACE. Check it out! [PCBRACE2019 PODCAST](#)

Stewards of Children training

Thursday, August 22, 6 p.m.-8:30 p.m.

Sheppard Memorial Library, 530 Evans Street, Greenville, NC Meeting Room A

Register: <http://www.ecu.edu/cs-dhs/tedibear/soc-registration.cfm>

Circle of Security Parenting Series

8-week program beginning Sept. 5 at 6 p.m.

TEDI BEAR CAC, 2303 Executive Circle, Greenville

To register, email Bonnie Jean Kuras at kurasb18@ecu.edu

Domestic Violence Impact Luncheon

Sept. 26, 11 a.m. to 1 p.m.

Greenville Convention Center, Greenville Blvd.

Allen Thomas will be talking about his experience with domestic violence. To register, email dvimpact@c4fvp.org

Emerging Issues in Immigration and Child Adult Welfare Law

Sept. 23, 9 a.m. to 5 p.m.

C Cooperative Extension, Pitt Co. Center

403 Government Circle Greenville NC 27834

This training is free and will discuss paths to legal status for immigrant parents, caretakers and children involved in the child welfare system; public benefits and eligibility for immigrants and mixed-status families; family separation and issues facing detained minors; housing immigrant and mixed-status families; overview of child protective services and

issues involving immigration and undocumented people in the criminal justice system. To register, visit <http://www.legalaidnc.org/give-help/cle-calendar/immigration-and-child-and-adult-welfare-law>

Daughters of Worth

Masquerade Ball

Oct 18, 6pm, Location TBA

We are going to have food, door prizes and talk about being your true authentic self.

These events are open to community and community partners – we invite you to have a table and information available.

Human Trafficking 101

Wednesday, November 6, 10-12 noon

Sheppard Memorial Library, 530 Evans Street, Greenville

Light supper served

Register at <https://ht101november.eventbrite.com>

Daughters of Worth Summit

March 19-20, 2020, Greenville Hilton

Keynote speaker: Dr. Adrian Wood is the keynote speaker.

We are going to focus on shifting the trajectory – anything you can think of related to women and children. If you are interested in serving on the planning board, the planning sessions begin in August or the first of September, just trying to gather team to being a part of that.

Next meeting

September 19, 9:30 a.m. to 11 a.m.

Sheppard Memorial Library, Meeting Room A

Adjourn

Next Meetings – Mark Your Calendars

September 19

October 17

November 21

Human Trafficking Case Manager

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www.projectfightnc.org

Website/Social Media

www.pccaht.org

www.facebook.com/PCCAHT

Please like the Facebook Page and send announcements to melinda@encstophumantrafficking.org.