



## October Meeting Minutes

October 17, 2019

### Introductions:

Juliana Mariani, Project FIGHT, [juliana.mariani@uss.salvationarmy.org](mailto:juliana.mariani@uss.salvationarmy.org)

Maria Pinto, Center for Family Violence Prevention, [mpinto@c4fvp.org](mailto:mpinto@c4fvp.org)

Liz Liles, Daughters of Worth, [liz@daughtersofworth.org](mailto:liz@daughtersofworth.org)

Erin Roberts, ECU Family Therapy Clinic & BRACE, [robertse16@ecu.edu](mailto:robertse16@ecu.edu)

Heather Farmer, [heatherfrealcrisis@gmail.com](mailto:heatherfrealcrisis@gmail.com)

Bonnie Jean Kura, TEDI BEAR Children's Advocacy Center, [kurasb18@ecu.edu](mailto:kurasb18@ecu.edu)

Stephenie McLean, [smclean@goodwillinc.org](mailto:smclean@goodwillinc.org)

Minerva Freeman, Community, [minervafreeman1004@gmail.com](mailto:minervafreeman1004@gmail.com)

Courtney Young, poet and survivor

Melinda Sampson, NC Stop Human Trafficking, [melinda@ncstophumantrafficking.org](mailto:melinda@ncstophumantrafficking.org)

### Good News/Announcements:

#### Melinda Sampson:

PCCAHT website: PCCAHT website is up and running. Please include a link to it ([www.pccaht.org](http://www.pccaht.org)) to your agency website and let Melinda know if you'd like to post something on it. Email her [melinda@ncstophumantrafficking.org](mailto:melinda@ncstophumantrafficking.org).

BBQ, Bluegrass and Brew: Melinda said she should be ashamed at how much fun she had at this event. Of course, she is no way ashamed and the fundraiser was a huge success.

Emerging Issues in Immigration and Child Adult Welfare: Leah Arnold was a presenter for this event. She did an amazing job according to Pam Strickland.

#### Liz Liles:

Daughters of Worth is excited to have the Masquerade Empower Her Event this weekend. It is all about revealing your true, authentic self.

**Maria Pinto:** Next Thursday, Oct. 25, the Center for Family Violence Prevention will host its candlelight vigil to remember all of those who were lost to domestic violence since 2000. It will be at the courthouse in Greenville.

**Heather Farmer:** We have ASSIST Training scheduled at our Washington location. (Dates and times not available)

**Rapid Response Team Report:**

Juliana Mariani: We have 6 Latinos in Pitt County right now, 3 are male and all labor trafficking victims and three are female, all sex trafficking victims. There are 10 U.S. clients, all are women and all are victims of sex trafficking. Two are teenagers, two are in their 30s, but were first trafficked as teenagers and two are in their 40s.

**Human Trafficking Cases:** ([SEE HANDOUT](#))

**Training Opportunities:** ([SEE HANDOUT](#))

**19 Days of Prevention Campaign:** ([SEE ATTACHED FLYERS](#))

**Melinda:**

We are going to have a community read event in collaboration with BRACE. The book is “The Body Keeps the Score,” by Bessel van der Kolk, M.D. One book club meeting will be held Nov. 8 at noon at McAlister’s Deli. The other will be Nov. 9 at Great Harvest Bread Co. at 9:30 a.m.

We are having some Children’s Readings of “Miles is the Boss of His Body,” at Carver Library on Nov. 14 at 4 p.m. and New Wynn Chapel Life Center in Bethel on Nov. 11 at 4 p.m. Volunteers are needed to do this and we want to have goodie bags for the children, so if you could get some donations for those kids, that would be great too.

We are also having a Parent Resource Fair at the Belvoir Boys and Girls Club on Nov. 7 at 4 p.m. throughout pick up. We need everyone to participate. If you cannot have a representative there, then please have resources available for Melinda to pick and showcase.

[Social media campaign](#)-Please share!

**Special Guest Presentation:**

**Courtney Young, Survivor and Author of “Strive”**

Strive

I was once a very broken girl  
lost in a cruel, cold-hearted world.  
I lost who I was and who I thought I was  
destined to be.  
because the evil of the world started weighing down on me.  
Taken every bit of innocence I had left and so  
I pushed god down to the bottom of the shelf  
knowing there was no way I could ever

be loved.  
My own mom threw me away like a used  
glove.  
and daddy snatched away my intimate love  
my virginity and soul  
I can't lie, it takes a toll.  
So listen in, the story gets deeper  
you couldn't count my hurts, there aren't enough fingers  
thrown to the system as a wounded cub  
distrust in everyone including the god above.  
Confused and scared for 19 years, struggling  
to survive and still facing my fears  
this broken girl learned to strive.  
Strive to fight.  
Strive to love.  
Strive to give thanks to the God above.  
Strive to believe I am worthy even with  
all the people that did me dirty  
I am strong, brave and no longer living in fear  
but that broken feeling is always there.

**Speaker: Erin Roberts, Director of the ECU Family and Marriage Clinic (SEE PRESENTATION)**

Erin Roberts presented on trauma-informed mental health resources in Pitt County. Not all traumas – or what we define as trauma – affect one's mental health adversely. That doesn't mean there is a difference in strength, it is a matter of perspective. Experiencing a traumatic event might not affect someone.

However, it could affect someone's physical health and mental health, and therapy is not for everyone.

When someone is actively in a trauma and you start processing those events, some of those responses are helping keep people alive. What happens if we take away their ability to fight, flight or freeze? They could experience re-traumatization.

We would work on something different if they are actively experiencing something. We would work on safety plans to keep them safe in the moment and good decision making. But afterwards we might be working on processing that trauma. That would be what we work on afterwards.

It is important to refer to clinicians who are trained in trauma.

[SEE FULL PRESENTATION.](#)

#### **Announcements:**

Suggestions for upcoming speakers needed

1. A local panel of law enforcement, including Pitt County Sheriff and Greenville Police Department representatives, to discuss how local law enforcement responds to cases of human trafficking.
2. A speaker to discuss how to better serve the LGBTQ+ community.
3. A speaker to discuss the basics of sexual assault and how to address it with human trafficking survivors.
4. A speaker -- district attorney -- to discuss prosecution of human trafficking cases.
5. Information about restorative justice -- human trafficking court
6. Mentorship in human trafficking prevention

Check out the [BRACE podcast](#) that PCCAHT members Melinda Sampson (NC Stop Human Trafficking) and Bonnie Jean Kuras (TEDI Bear) facilitate.

### **Daughters of Worth**

Masquerade Ball

Oct 18, 6pm, Location TBA

We are going to have food, door prizes and talk about being your true authentic self. These events are open to community and community partners – we invite you to have a table and information available.

### **Domestic Violence Awareness Month Candlelight Vigil**

Thursday, October 24, 6-8:30 p.m.

Pitt County Courthouse

Superior Courtroom 01

100 W 3rd Street

Greenville, NC 27834

### **Stewards of Children training**

Thursday, October 24, 6-8:30 p.m.

Sheppard Memorial Library, 530 Evans Street, Greenville, NC Meeting Room A

Register: <http://www.ecu.edu/cs-dhs/tedibear/soc-registration.cfm>

### **Human Trafficking 101**

Wednesday, November 6, 10-12 noon

Sheppard Memorial Library, 530 Evans Street, Greenville

Light supper served

Register at <https://ht101november.eventbrite.com>

### **Next Meeting:**

November 21, 9:30 a.m.

Sheppard Memorial Library, Meeting Room B

### **Adjourn**

### **Next Meetings – Mark Your Calendars**

November 21

December 19

January 16

**Human Trafficking Case Manager**

Juliana Mariani

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